

Diabetes Risk Score



Your risk is:

What should you do now?

- | | |
|---|--|
| <input type="checkbox"/> Keep up the good work | <input type="checkbox"/> Contact a health professional |
| <input type="checkbox"/> Make lifestyle changes | <input type="checkbox"/> Contact your GP ASAP |

**Need help making lifestyle
changes to reduce your risk
of Type 2 Diabetes?**

**If so, contact our
friendly team!**

Call: 01473 718193

Email: info@onelifesuffolk.co.uk

