

# Snack recipes

## Sesame Crackers with Guacamole

### Ingredients (Serves 1)



1 pack of 150g Guacamole (can be bought from supermarket)



1 pack of sesame seed crackers (can be bought from supermarket)



## Nutritional Information

[Approx. Per Serving]

Calories: 186Kcal  
Carbohydrate: 6.6g  
Fat: 3.4g  
Protein: 4g

## Cost:

[Approx.]

Total Ingredients: £2.00  
Per Serving: Less than £1.00