**Walk you are attending:**

**Date:**

Your Local scheme is: STEPPING OUT IN SUFFOLK

The organization that runs your local scheme is ONELIFE SUFFOLK.

**Welcome! Ramblers Walking for Health/Wellbeing Walks is a national network of health/wellbeing walks that are delivered by local schemes.** Ramblers run this centrally through their dedicated Walking for Health team - providing advice, support and infrastructure, including a central database. When you register to take part in the Ramblers Walking for Health programme, the Ramblers and your local scheme use your personal information for administrative purposes to support your participation. Your information is therefore shared by Ramblers and your local scheme.

|  |
| --- |
| **Please provide the following information:** |
| **Name:** |  | **Address:** |  |
| **Email:** |  |  |  |
| **Contact Number:** |  | **Postcode:** |  |
| **Gender (Optional):** |  | **Ethnicity (Optional):** |  |

**How your information is used:**

The Ramblers: We would like to contact you to tell you more about our work – including campaigns, fundraising and volunteering. ***Are you happy to receive emails from the Ramblers?***

**Your local scheme** will use your information to evaluate their sessions and show funders that they offer value for money. Summary information will also be used by your scheme and the organisation that runs it, to further its work on safeguarding and promoting the use of physical activity to improve the health of your community. ***Are you happy for your local scheme to use your information in this way and contact you by email?***

**Please tick here to confirm you understand you take part at your own risk and will seek medical advice if appropriate**:

|  |  |  |  |
| --- | --- | --- | --- |
| **Yes** |  | **No** |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Yes** |  | **No** |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Yes** |  |  |  |

You have the right to change your mind about any of the things you have consented to on this form. If you wish to change any of your consents please contact:

**Your local scheme:** info@onelifesuffolk.co.uk Tel - 01473 718193

For full information about how your local scheme use your information please read their privacy policy: <https://onelifesuffolk.co.uk/privacy-policy/>

**The Ramblers**: walkingforhealth@ramblers.org.uk Tel - 020 7339 8541

For full information about how Ramblers use your information please read our privacy policy: [www.walkingforhealth.org.uk/privacy-policy](http://www.walkingforhealth.org.uk/privacy-policy)