





# Snack recipes

## Naan bread with Spicy Houmous Dip

### Ingredients (Serves 1)

**One  
Life  
Suffolk**

-  1 naan bread
-  4 tbsp reduced-fat houmous
-  1 tsp siracha or harissa
-  10 cherry tomatoes



## Method

1. Cut the naan bread in half - cut into strips or tear.
2. Drizzle the houmous with siracha/harissa (according to taste).
3. Chop the tomatoes in half to serve on the side.

## Nutritional Information

[Approx. Per Serving]

Calories: 180Kcal  
Carbohydrate: 15g  
Fat: 7g  
Protein: 5g

## Cost:

[Approx.]

Total Ingredients: £5.00  
Per Serving: Less than £1.00