

# Lowestoft Park&Stride

WALKING TIME -  
MINUTES  
TO TOWN CENTRE

TIME TO WALK TO THE TOWN CENTRE

TRY TO INCLUDE  
**TEN**  
MINUTE BOUTS OF BRISK WALKING INTO YOUR DAILY ROUTINE



Number of minutes from car park to the centre of town based on moderate intensity level of walking.

## Car parks

- 1 **Adrian Road Car Park**  
1.2km Adrian Road, NR32 1SE **12**
- 2 **Alexandra Road Car Park**  
0.8km Alexandra Road, NR32 1RB **8**
- 3 **Belvedere Road Car Park**  
1.5km Belvedere Road, NR33 OPR **15**
- 4 **Britten Centre Multistorey**  
0.2km Surrey Street, NR32 1LJ **2**
- 5 **Christchurch Plain Car Park**  
1.2km Christchurch Plain, NR32 1PE **12**
- 6 **Clapham Road West Car Park**  
0.3km Clapham Road, West, NR32 1QR **3**
- 7 **Claremont Pier Car Park**  
2.0km Parade Road, NR33 OBS **20**
- 8 **Clifton Road Car Park**  
2.0km Clifton Road, NR33 OHF **20**
- 9 **Kirkley Cliff Car Park**  
2.5km Cliff Road, NR33 OBZ **25**
- 10 **Lowestoft Station Car Park**  
0.5km Denmark Road, NR32 2EG **5**
- 11 **Marks & Spencer Car Parking**  
0.5km 82 London Road North, NR32 1ET **5**
- 12 **Melbourne Road Car Park**  
2.3km Melbourne Road, NR32 1SX **23**
- 13 **Regent Road Car Park**  
0.7km Regent Road, NR32 1PA **7**
- 14 **Royal Green Car Park**  
0.8km The Esplanade, NR33 OAP **8**
- 15 **Royal Green Car Park**  
1.2km Marine Parade, NR33 OAY **12**
- 16 **St Margarets Plain**  
2.6km St Margarets Plain NR32 1JF **26**
- 17 **St Peters Street Car Park**  
1.0km St Peters Street, NR32 1QB **10**
- 18 **Tennyson Road East Car Park**  
1.0km Tennyson Road, NR32 1PS **10**
- 19 **Old Nelson Street Car Park**  
0.7km Old Nelson Street, NR32 1EQ **7**
- 20 **Whapload Road (Low Denes) Car Park**  
2.3km Whapload Road, NR32 1UL **23**

< 10 minutes walk  
 10 > minutes walk



BECAUSE THERE'S ONLY  
**ONE YOU**

