

Job Description

Job title:	Outreach Health Check Practitioner
Location:	Working across Ipswich & East (although travel throughout the county is essential)
Hours:	37.5 hours per week (part-time / job share considered)
Salary:	£18,000 - £22,000 dependent on experience, plus 1% pension contribution rising to 3% by April 2019
Reporting To:	Health Checks Lead/Clinical Lead for Health Checks
Key Relationships:	Managers / Stakeholder Link Practitioners / Referral Generation Officer

Background information:

MoreLife deliver integrated healthy lifestyle services as part of OneLife in Suffolk, alongside Quit 51 for Smoking Cessation and Tobacco Harm Reduction.

The offer includes the following:

- An engagement team which will be central to supporting the whole of the OneLife Suffolk offer;
- Adult & child weight management services,
- Physical activity for people with Long Term Conditions and Health Walks
- Smoking cessation interventions and campaigns delivered by Quit 51
- NHS Health Checks (Outreach)
- Training & Awareness Raising including MECC
- Public Health Campaigns and Events

MAIN DUTIES AND RESPONSIBILITIES:

- Engage with a range of Voluntary, Community, & Faith sector (VCF) and Health & Social Care Professionals, as well as communities and localities, to identify groups and clients who may benefit from the NHS Health Check but who may not traditionally engage with health promotion activities or NHS services.
- Work with these groups and the Health Check Team to deliver the NHS Health Check to identify people at risk of cardiovascular disease in communities which have identified health inequalities.
- Provide agreed health improvement advice to all clients identify those who will benefit from signposting to health lifestyle interventions via the OneLife service, as well as the client's General Practitioner as per agreed protocols.
- Improve uptake of the OneLife services via the NHS Health Check route.
- Promote the equality and value the diversity of individuals.

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Clinical/Professional Duties:

- On successful completion of training to perform NHS health checks on clients and give feedback according to agreed protocols.
- Obtain a capillary blood sample from clients for point of care testing of cholesterol and HbA1c according to protocols.
- Help individuals identify how their lifestyle and behavior might affect their health and wellbeing.
- Refer individuals if required to their GP or other NHS services as per agreed protocols.
- Signpost and support individuals in accessing services, including the OneLife offer, and organisations to enable them to change their behavior to improve their health.
- Engage with local stakeholders, VCF and Health & Social Care agencies to identify and access groups and individuals for NHS Health Checks.
- Engage with individuals in local communities which have identified health inequalities.

Communication skills:

- Communicate effectively with individuals about the results of their NHS Health Check so that they understand their results.
- Provide meaningful information to individuals about the relationship between behaviors and health.
- Enable individuals to develop their knowledge and skills about health and wellbeing Signpost individuals to OneLife services and other agencies for information, support and resources.
- Raise awareness of the benefits of the NHS health check by engaging with stakeholders and networking with other organisations.
- Communicate with colleagues and organisations face to face, by telephone and email.
- Maintain accurate computer records of health checks performed.

Analytical and Judgment Skills:

- Manage and organise own time and activities effectively as part of effective service delivery.
- Manage time effectively to deliver NHS health check in the agreed time allocated.
- Alert team leader to any issues of concern relating to work (including concerns about individuals or work in the community).
- Monitor and maintain health, safety and security of self and others.

Patient and Client care:

- On successful completion of training to perform NHS health check on clients and give feedback according to agreed protocols.
- Ensure informed consent regarding all aspects of the health check prior to delivery.
- Provide a service that is sensitive to race, culture and disability, in accordance with induction training.
- Demonstrate sensitivity to how individuals may wish to be treated and communicated with.
- Signpost and support individuals in accessing services and organisations to enable them to change their behavior to improve their health.
- Engage with individuals in local communities which have identified health inequalities.
- Help individuals identify how their behavior and context might affect their health and Wellbeing.

Policy and Service Development:

- Contribute to the planning and development of health improvement services.
- Participate in staff meetings as required.

Health, Safety and Security:

- Conduct PCOT equipment checks and calibration as required.
- Report immediately to the Team Leader any accident incurred by client, colleague or self.
- Report to the Team Leader any faulty equipment, or any potential hazard whilst conducting outreach NHS health checks.
- Promote safe working practices at every venue.
- Ensure correct disposal of contaminated clinical waste and sharps as per policy.
- Ensure equipment is stored appropriately according to policy.

Financial and Physical:

- Order and maintain supplies of health promotion literature and resources.
- Awareness of the need to deliver service within budget. Contribute to discussions around budget planning.

Information Management:

- Build up and maintain knowledge of contacts and organisations within the community.
- Respond effectively to referrals for outreach NHS health checks.
- Inform team of ways in which local services can be improved to improve the health and wellbeing of the local community / barriers that individuals are experiencing in changing their behavior.

Education and Research:

- Provide evidence based information to individuals about health and wellbeing Help individuals to access and use local services.
- Take an active part in developing own knowledge and skills and attend mandatory training.
- Support service managers with the collection of data to monitor service performance.

General:

- Will be supervised at health check events by a team leader.
- Ability to be flexible regarding working hours which may include some evenings and weekends according to the outreach health check programme.
- Promote and ensure the good reputation of Onelife Suffolk

Further information – Additional Job Requirements

Infection Control

You are accountable and responsible for the prevention and control of healthcare associated infections and must comply with the standard set by the Health and Social Care Act 2008: *Code of Practice for health and adult social care on the prevention and control of infections and related guidance (Revised December 2009)*.

Information Governance

Information Governance (IG) includes, but is not limited to, Data Protection, Code of Confidentiality, Freedom of Information, Information Security, Records Management and the Registration Authority. You have a responsibility to keep up to date with the organisation's IG policies and ensure they are adhered to whilst performing your duties. You must not breach these policies, whether during your employment with the organisation, or after the end of it, whether you resign or are dismissed. All IG policies are available on the staff information storage system and covered through induction.

Safeguarding

Everyone, regardless of the work they do has a duty to safeguard and promote the welfare of children and vulnerable adults. When patients and/or their carers use our services it is essential that all protection concerns are both recognised and acted on appropriately. You have a responsibility to ensure you are familiar with and follow policies in relation to safeguarding. To ensure you are equipped to carry out your duties effectively, you must also attend/engage in the online training and updates at the competency level appropriate to the work you do and in accordance with the training guidance.

This job description is not a definite or exhaustive list of responsibilities but identifies the key responsibilities and tasks of the post holder. The specific objectives of the post holder will be subject to review as part of the individual performance review process.

PERSON SPECIFICATION FOR JOB TITLE

	CRITERIA	Essential	Desirable
Education/ Qualifications	Relevant qualification in health care or related discipline to NVQ level 3 OR EQUIVALENT LEVEL OF		X

	CRITERIA	Essential	Desirable
Skills/Abilities	Able to engage with selected clients to take and record measurements as part of the NHS health check	X	
	To calculate CVD risk and communicate this effectively to the client	X	
	To give appropriate health improvement advice following agreed guidelines	X	
	Ability to use Word, e-mail and Q-risk CVD risk calculator (following training)	X	
	Car owner/driver/access to a motor vehicle (role will involve travel to other sites that cannot be easily accessed by public transport means)	X	
	Ability to work following protocols and guidelines with some supervision.	X	

	CRITERIA	Essential	Desirable
Experience	<p>Previous experience working with patients and in taking clinical measurements i.e blood pressure, height and weight.</p> <p>Previous experience taking capillary blood samples i.e blood glucose and using POCT</p> <p>Minimum 1-year experience working with patients/ clients</p>	<p>X</p>	<p>X</p> <p>x</p>

	CRITERIA	Essential	Desirable
Knowledge/ Understanding	Understand what increases the risk of cardio vascular disease and what can be done by individuals to reduce risk	X	
	Understand the importance of following clinical protocols and giving evidence based advice	X	
	Understands the importance or effective performance monitoring	X	
	Insight into effective behaviour change techniques	X	

	CRITERIA	Essential	Desirable
Personal Attributes/ Values/Other	Understanding and commitment to MoreLife & OneLife's mission and values	X	
	Effective communicator, flexible and good team player	X	